

# Troy School District Wellness Resources

**INITIAL:** For non-life threatening, basic needs, or increased support network please contact your student's administrator or counselor.

**INTERMEDIATE:** Non-suicidal and/or self-injurious behavior or routine counseling needs in an outpatient setting.

**INTENSE:** Suicidal, emergency, safety concerns, or at-risk of out of home placement.  
**(24 HOUR CRISIS SUPPORT)**

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## 24 HOUR CRISIS SUPPORT

**CALL 911 OR TAKE YOUR CHILD TO THE NEAREST EMERGENCY ROOM**

Agency	Contact Information	Payment Method	Specialties
Common Ground Mental Health Emergency and Crisis Hotline (Oakland County)	<b>Crisis Line: 800.231.1127</b> General Information: 248.451.2600 1200 N. Telegraph Rd, Bldg #32E, Pontiac, MI 48341 The Sanctuary (Ages 10-17) 751 Hendrie Blvd, Royal Oak, MI 48067 <a href="https://commongroundhelps.org/">https://commongroundhelps.org/</a>	Free	<u><a href="#">Resource Center</a></u> <u><a href="#">24/7 Crisis Line</a></u> <u><a href="#">Shelter for At Risk Youth</a></u> <u><a href="#">Suicide Risk Assessment</a></u> <u><a href="#">(Uninsured or persons on Medicaid)</a></u>
Child Abuse and Neglect Protective Services	<b>855.444.3911   855.422.4453</b> <a href="https://www.michigan.gov/mdhhs/0,5885,7-339-73971_7119_50648_7193---,00.html">https://www.michigan.gov/mdhhs/0,5885,7-339-73971_7119_50648_7193---,00.html</a>	Free	<u><a href="#">Child Abuse and Neglect Reporting</a></u>
Easter Seals	<b>Crisis Line: 248.475.6300</b> General Information: 248.475.6400 1.800.75.SEALS 2399 E. Walton Blvd. Auburn Hills, MI 48328 248.422.4453 <a href="http://www.essmichigan.org">www.essmichigan.org</a>	Most Insurance	<u><a href="#">Crisis Intervention</a></u> <u><a href="#">Family Centered Planning</a></u> <u><a href="#">Parent Education</a></u> <u><a href="#">Respite Care,</a></u> <u><a href="#">Psychological and</a></u> <u><a href="#">Neuropsychological Testing</a></u> <u><a href="#">Psychiatric Evaluation</a></u>

Suicide Prevention Hotline	<b>1.800.273.8255</b> <a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>	Free	<b><u>Suicide Hotline</u></b>
Crisis Text Line	<b>Text TALK to 741741</b> <a href="https://www.crisistextline.org/">https://www.crisistextline.org/</a>	Free	<b><u>Crisis counselor will respond 24 hours a day   7 days a week</u></b>

## Individual Counseling Referral Resources

Therapist   Agency	Location, Contact & Website or E-mail	Payment Method	Specialties
Alden, Anne LLP Love & Logic Parent Curriculum	206 Dourdant Bloomfield Hills, MI 914.372.1541 <a href="mailto:aalden123@hotmail.com">aalden123@hotmail.com</a>	Private pay for parent coaching Free Clinics @ Common Ground	Private Parenting Coach and/or Common Ground Love & Logic Classes
Babushkin, Anton PhD   Troy Psychotherapy	575 E. Big Beaver Rd, Suite 210, Troy, MI 48083 248.514.4955 <a href="https://www.troypsychotherapy.com/">https://www.troypsychotherapy.com/</a>	Private Pay and Blue Cross Blue Shield, McLaren, Medicare, and Aetna	<b><u>Adolescents &amp; Adult</u></b>
Barber, Kevin PhD Psychologist	248.419.6050	Private Pay and Insurance	<b><u>Adolescents &amp; Adult</u></b> African American Male Therapist
Bogle, Deborah MA, LLP Helping Hearts Heal	543 Vanderpool Dr. Troy, MI 248.244.2060 <a href="https://www.helpingheartsh Heal.com/">https://www.helpingheartsh Heal.com/</a>	Private Pay	<b><u>Child, Adolescent &amp; Adult</u></b> EMDR Specialist, Trauma Eating Disorders Chronically and Severely Mentally Ill Meditation, Visualization, Holistic (Hospital experience)
Canine, John D. PhD Maximum Living Consultants, Inc.	936 S. Baldwin Rd., Suite 102 Clarkston, MI 48348 248.814.0706 <a href="https://maximumlivingconsult.com/">https://maximumlivingconsult.com/</a>	Private Pay and Insurance	<b><u>Child, Adolescent &amp; Adult</u></b> Individual Bereavement Counseling Grief Support Groups (Free, in various locations, open to the public)
Elghoroury, Dena LPC	2502 S. Rochester Rd. Rochester Hills, MI 48307 248.495.6939 <a href="mailto:dena.elghoroury@gmail.com">dena.elghoroury@gmail.com</a>	Private Pay	<b><u>Child &amp; Adolescent</u></b> Has a background in working with peoples of Arab-American ethnicity

Elliot, Jennifer LPC  JLE Counseling, PLLC	300 East Maple Suite 318 Birmingham, MI 48009 248.439.1415 <a href="http://jlecounseling.com/contact.html">http://jlecounseling.com/contact.html</a>	Private Pay w/ Sliding Scale	<b><u>Child and Adolescent</u></b> General Anxiety Depression Grief Divorce
Fleming, Chandler LMSW  Clarkston Lighthouse Counseling	7183 North Main Street, Box 12 Clarkston, Michigan 48346 248.636.1658 <a href="https://www.clarkstonlighthousecounseling.com/">https://www.clarkstonlighthousecounseling.com/</a>	Private Pay w/ Sliding Scale	<b><u>Adolescent</u></b> Anger Management Relationship Issues Depression
Forche, Jennifer PhD	2477 Kingsbury Dr. Troy, MI 48098 248.643.7227	Insurance (No HAP & No United Health Care) Private Pay	<b><u>Adolescent and Adult</u></b> Eclectic/Patient Centered Works with Teachers LGBT/Transgender Anxiety Depression Family Issues Divorce No Substance Abuse
Gilchrist-Jordan, Janet PhD	628 Parent Ave. Suite 101 Royal Oak 248.563.2290	BCBS	Depression & Anxiety
Goell-Varkovitzky, Elana PhD	26111 West Fourteen Mile Rd. Franklin, MI 48025 248.737.4855	Insurance	<b><u>Child, Adolescent &amp; Adult</u></b> EMDR Specialist Addiction Trauma Bullying Divorce Generalized Anxiety
Green, Leslie PhD	1740 W. Big Beaver, Suite 206 Troy, MI 248.593.0678 <a href="https://lesliegreenphd.com/">https://lesliegreenphd.com/</a>	Private Pay	<b><u>Adolescent and Adult</u></b> ASD ADHD General Counseling Services
The Mindful Self, LLC	31201 Chicago Road Suite A 201 Warren Michigan 48093 248.543.0033 <a href="https://themindfulselfcounseling.org/">https://themindfulselfcounseling.org/</a>	Private Scale, Insurances, Sliding Scale	<b><u>Child, Adolescents &amp; Adults</u></b> Mood Disorders Women's Issues

Jones, James D. PhD	2565 S. Rochester Ed., Suite 108-B Rochester Hills, MI 48307 248.852.7907 <a href="http://www.jamesdjonesphd.com">http://www.jamesdjonesphd.com</a>	Most Insurances	<b><u>Adolescent and Adult</u></b> Self-Esteem Academic & Social Anxiety Hopelessness/Suicidal Ideation Identity & Gender Issues Self-Inflicted Violence
Hough, Tami J. MA, LPC, CRC  Hough Counseling & Assessments, PLLC	675 E. Big Beaver Suite 101 Troy, MI 48083 248.528.0157 <a href="https://houghcounseling.com/">https://houghcounseling.com/</a>	Insurance Private Pay w/ Sliding Scale	<b><u>Child, Adolescent &amp; Adult</u></b> Assessments (Special Education, Academic, Career, etc.) Group Counseling Play Therapy Multiple Therapists w/ Varying Specials
Lewis, Debbie PsyD, LP	328 Livernois Road STE 1020 Troy, Michigan 48083 248.202.3779 <a href="mailto:Dr.DL125@sbcglobal.net">Dr.DL125@sbcglobal.net</a> <a href="http://www.drlewistherapy.com/home.html">http://www.drlewistherapy.com/home.html</a>	Insurance, Private Pay, and Sliding Scale	<b><u>Adolescents &amp; Adults</u></b> Substance Abuse Divorce PTSD/Trauma Grief/Loss Family Conflict
Lewis, Lindsey MA, LPC	74 W Long Lake Rd Suite 100 Bloomfield Hills, Michigan 48304 248.709.2924 <a href="mailto:lindsey.lewislpc@gmail.com">lindsey.lewislpc@gmail.com</a> <a href="https://lindseylewistherapy.com/about/">https://lindseylewistherapy.com/about/</a>	Private Pay, Sliding Scale, Insurance	<b><u>Adolescent &amp; Adults</u></b> Depression Self-Esteem Anxiety
Lily, Joe  Radiate Counseling Services	294 Town Center Drive Troy, MI 48084 248.834.3577 or 877.727.4463 <a href="https://radiatecounseling.com/">https://radiatecounseling.com/</a>		
Lipson, Judith E. MA, LPC  Spiral Wisdom LLC	5665 West Maple Road, Suite A West Bloomfield, MI 48322 248.568.8665 <a href="mailto:judylipson@spiralwisdom.net">judylipson@spiralwisdom.net</a> <a href="https://www.spiralwisdom.com/">https://www.spiralwisdom.com/</a>	Private Pay	<b><u>Adolescent and Adult</u></b> ADHD Anxiety Empowerment ASD Special Education/Former EI Teacher
Maakron, John MA, LLP	36150 Dequindre Suite 530 Sterling Heights, Michigan 48310 586.697.3290	Insurance, Private Pay, Sliding Scale	<b><u>Child, Adolescent and Adults</u></b> Certified Trauma Specialist ADHD ODD School Issues Anxiety/Depression

<p>Napoleon Harrington LPC, NCC</p> <p>Ambassador Counseling &amp; Resource Group, PLLC</p>	<p>29556 Southfield Rd Suite 200 Southfield, MI 48076 586.439.0690 <a href="http://www.ambassadorcounseling.com/">http://www.ambassadorcounseling.com/</a></p>	<p>Insurance, Private Pay, Sliding Scale</p>	<p>African-American Male Therapist</p>
<p>Pietrofesa, John PhD Pietrofesa, Cathy PhD</p> <p>Affiliated Psychologists of Michigan, PC</p>	<p>74 West Long Lake, Suite 104 Bloomfield Hills, MI 48304 248.642.6066 <a href="https://affiliatedpsy.wixsite.com/apm-mi/affiliated-psychologists">https://affiliatedpsy.wixsite.com/apm-mi/affiliated-psychologists</a></p>	<p>Insurance and Private Pay</p>	<p><b><u>Child, Adolescent &amp; Adult</u></b> Varying General Psychotherapy</p> <p>Dr. Greenwood conducts testing</p>
<p>Pillow, Dan PhD    Retired School Psychologist</p>	<p>200 Diversion, Suite 150 Rochester Hills, MI 248.299.4315 <a href="https://www.pillowsportpsych.com/">https://www.pillowsportpsych.com/</a></p>	<p>All Insurances</p>	<p><b><u>Adolescent</u></b> Special Education Evaluations Generalized Depression and Anxiety ADHD</p>
<p>Pingitore, Tammy MSW, CSW</p>	<p>380 North Old Woodward Ave. Birmingham, MI 48009 248.594.8230</p>	<p>Insurance And Private Pay</p>	<p><b><u>Adolescent and Adult</u></b> General Depression and Anxiety Self-Injury Emerging Eating Disorders</p>
<p>Restum, Melhim PhD</p> <p>ADDAPT Psychology Associates</p>	<p>5995 19 Mile Road Sterling Heights, MI 48314 586.254.5454</p>	<p>Most Insurances</p>	<p><b><u>Child, Adolescent &amp; Family</u></b> ADHD Bi-Polar ASD Workshops and Groups Available</p>

Romano, Amy   Healing Hearts	1693 West Hamlin Road Rochester Hills, MI 48309 248.299.2999 <a href="https://www.healingheartsandmindscc.com/">https://www.healingheartsandmindscc.com/</a>	Insurance And Private Pay	Adolescent Counseling Adult Counseling Child Counseling Couples Therapy Family Therapy Play Therapy
Rozema, Dennis MA	725 South Adams Road Suite 210 Birmingham, MI 48009 248.561.5054 <a href="http://dennisrozema.com/">http://dennisrozema.com/</a>	Some Insurances and Private Pay	<b><u>Adolescents &amp; Young Adults</u></b> Depression and Generalized Anxiety Substance Abuse Conduct Disorder Behavior Modification School Related Issues Sexual Assault
Stratman, Carol PhD	905 S. Center Royal Oak, MI 48067 248.398.2531	Insurance & Private Pay	<b><u>Children, Adolescent &amp; Adult</u></b> Long-Term Therapy Generalized Anxiety and Depression Divorce

## Counseling Agencies with Multiple Therapists

Agency   Therapists	Location, Contact & Website or E-mail	Payment Method	Specialties
Anan, Rutuh   Anan & Associates	Novi Office Centre 27780 Novi Rd Suite 107 Novi, MI 48377 248.567.2930 <a href="https://anan-associates.com/contact/">https://anan-associates.com/contact/</a>	Insurance or Private Pay	<b><u>Child &amp; Adolescent</u></b> Select Mutism
Ayers, Leslie MA, LLP   Perspectives Counseling Center	888 W. Big Beaver, Ste. 1450 Troy, MI 48084 248.244.8644 <a href="http://www.perspectivesoftroy.com">www.perspectivesoftroy.com</a>	Insurance or Private Pay w/ Sliding Scale if Needed	<b><u>Child, Adolescent &amp; Adult</u></b> Comprehensive Assessments, Diagnostics, and Screening Individual, Group, Child/Play Therapy Wide Range of Individual Therapists Servicing Multiple Therapeutic Approaches

Arab American And Chaldean Council	ACC-Oakland County Mental Health Services 26400 Lahser, Suite 220, Southfield, 48033 248.354.8460 <a href="http://www.myacc.org/programs/behavioral-programs/">http://www.myacc.org/programs/behavioral-programs/</a>	Medicaid, Uninsured and Underinsured	<b><u>Child, Adolescent &amp; Adult</u></b> Assessments Family and Individual Counseling Substance Abuse Crisis Intervention
Birmingham Maple Clinic	2075 W. Big Beaver Suite 520 Troy, MI 248.646.6659 <a href="https://www.birminghammaple.com/">https://www.birminghammaple.com/</a>	Insurance and Private Pay	<b><u>Child, Adolescent &amp; Adult</u></b> General Psychological Issues
Catholic Charities of Southeast Michigan	Locations in Royal Oak, Lake Orion, Waterford and Auburn Hills Call to Schedule an Appointment: 855.882.2736 <a href="https://ccsem.org/">https://ccsem.org/</a>	Insurance, Private Pay, Sliding Scale, Reduced Rate with Graduate Student Interns	<b><u>Child, Adolescent and Adult</u></b> Employee Assistance Program Child Mental Health Services Adjunctive Psychiatric Services Parent Education Family Counseling and Step or Blended Family Counseling Group Counseling Educational Services on Marital Therapy Substance Abuse
Colombini, Gigi LMSW   Institute for Hope and Human Flourishing	300 E. Long Lake Rd, Suite #375 Bloomfield Hills, MI 48304 248.872.7772 <a href="https://www.iforhope.com">https://www.iforhope.com</a>	Blue Cross/Blue Shield and Private Pay	<b><u>Child, Adolescent Adult &amp;</u></b> Suicide Prevention Trauma Individual, Family and Couple Anxiety Depression Greif Counseling
Dennis, Moyer & Associates, PC	1750 South Telegraph Rd. Suite, 101 Bloomfield Hills, MI 248.451.9085 <a href="https://www.dmbandassociates.com/">https://www.dmbandassociates.com/</a>	Insurance & Some Sliding Scale	<b><u>Child and Adolescent</u></b> Mood and Eating Disorders Adjustment/Self-Esteem Depression and Generalized Anxiety
Gilda's Club	3517 Rochester Road Royal Oak, MI 48073 248.577.0800 <a href="https://www.gildasclubdetroit.org/">https://www.gildasclubdetroit.org/</a>	Free	<b><u>Children &amp; Adolescent</u></b> Support for families dealing with cancer

Great Lakes Counseling	89 W South Blvd Suite 200 Troy, MI 48085 248.479.3286 <a href="https://www.greatlakespsychologygroup.com/">https://www.greatlakespsychologygroup.com/</a>	Insurance & Private Pay	<b><u>Child, Adult &amp; Adolescent</u></b> Anxiety Eating Disorders ADHD Counseling Offered in Spanish and Polish
Kendal, Natasha PhD, LMFT    Natasha Kendal and Associates	1760 S Telegraph Rd Bloomfield Twp., Mi 48302 248.256.5044 <a href="https://www.drkendalandassociates.com/">https://www.drkendalandassociates.com/</a>	Private Pay  Some associates take Blue Cross/Blue Shield	<b><u>Child, Adolescent &amp; Adult</u></b> Parent Coaching Specialist Home Based Therapy Family Therapy Traditional Individual Couple and Family
Mental Health and Wellness Clinic (MHaWC) Wayne State University	42 W Warren Ave Detroit, MI 48202 Counseling and Art Therapy: 313.577.1681 Counseling and School Psychology: 313.577.8744 <a href="http://go.wayne.edu/mhawc">go.wayne.edu/mhawc</a> <a href="mailto:mhawc@wayne.edu">mhawc@wayne.edu</a>	Free	<b><u>Child, Adolescent &amp; Adult</u></b> General Counseling performed by Master and PhD students in the Counseling program. Group, Family, Child and Adolescents
New Day Counseling	13957 Plumbrook Road Sterling Heights. MI 48312 248.649.8050 <a href="http://www.newdaycounseling.org/">http://www.newdaycounseling.org/</a>	Insurance, Private Pay, Sliding Scale	<b><u>Adolescent and Adult</u></b> Multiple Therapists Practicing Ranging Therapeutic Approaches for (but not limited to): ADHD BiPolar Disorder Generalized Depression and Anxiety
New Oakland Family Center	Farmington Hills Center 32961 Middlebelt Road Farmington Hills, MI 48334 248.855.1540 Various Locations <a href="https://newoakland.org/">https://newoakland.org/</a>	Insurance, Private Pay, Sliding Scale	<b><u>Child, Adolescent &amp; Adult</u></b> Various Clinicians Partial Hospitalization Program Intensive Outpatient Intensive Crisis Stabilization ADD/ADHD Assessments Psychological Testing Trauma Assessment



Oakland University School of Education and Human Services Counseling Center	Pawley Hall Room 250A 456 Pioneer Dr. Rochester, MI 48309-4482 <a href="https://oakland.edu/counseling/sehs-cc/">https://oakland.edu/counseling/sehs-cc/</a> 248.370.2633	Free	<b><u>Child, Adolescent &amp; Adult</u></b> General Counseling performed by Master and PhD students in the Counseling program. Group, Family, Child and Adolescents
OU Cares	248.370.2424 <a href="https://oakland.edu/oucares/">https://oakland.edu/oucares/</a>		OUCARES provides innovative programs for teachers and programming for individuals and their families living with Autism Spectrum Disorder (ASD).
Perspectives of Troy	888 W Big Beaver Rd #1450 Troy, Michigan 48084 248.244.8644 <a href="https://perspectivesoftroy.com/">https://perspectivesoftroy.com/</a>	Insurance and Private Pay Some therapists have a sliding pay	<b><u>Child, Adolescent &amp; Adult</u></b> Multicultural Counselors Family Depression Anxiety Bullying Divorce Anger Management Self-Harm ADHD Trauma Substance Abuse Classes
Rochester Area Counseling Services	945 S. Rochester Road Suite 101 Rochester Hills, MI 48307 248.266.6166 <a href="mailto:rochestercounselingservices@gmail.com">rochestercounselingservices@gmail.com</a>	Insurance And Private Pay	<b><u>Child and Adolescent</u></b> Individual, Couple and Group Therapy Psychological Testing Career Assessment Depression and Generalized Anxiety Adjustment Disorders Substance Abuse Specified Phobias
Rochester Center for Behavioral Medicine	441 South Livernois, Suite 100 Rochester Hills, MI 248.608.8800 <a href="http://www.rcbm.net">http://www.rcbm.net</a>	Private Pay & Insurance	<b><u>Adolescent &amp; Adult</u></b> Pre-register online Matched with Clinician Anxiety/Depression ADHD Counseling Psychological Screenings Mindfulness

<p>Rochester Hills Counseling, LLC</p> <p>Tobi Russell LLP LPC Kalynn Potter MA, LLPC, MBA Mark Wells</p>	<p>945 S. Rochester Road Suite 101 Rochester Hills, MI 48307 248.266.6166 <a href="http://rochesterareacounselingservices.com/index.php">http://rochesterareacounselingservices.com/index.php</a></p>	<p>Insurance and Private Pay</p>	<p><b><u>Individual &amp; Group Counseling for Adolescents</u></b> Substance Abuse Social Skills Self-Injury Depression and Anxiety Career Assessments</p>
<p>Sollars and Associates</p>	<p>Multiple Locations Available Troy MI Office Sollars and Associates 1777 Axtell Drive, #100 Troy, Michigan 48084 248.787.0855 <a href="https://sollarsassociates.com/">https://sollarsassociates.com/</a></p>	<p>Insurance, Private Pay, Sliding Scale, Depends on Clinician</p>	<p><b><u>Child, Adolescent &amp; Adult</u></b>  Various clinicians  Multilingual Clinicians (9 Different Languages)</p>
<p>Thriveworks</p>	<p>Multiple Locations Available Thriveworks Counseling 1555 W Big Beaver Rd Troy, MI 48084 248.764.4182  1025 E. Maple Rd. Suite B-4 Birmingham, MI 48009 248.686.3347 <a href="http://www.thriveworks.com">www.thriveworks.com</a></p>	<p>Insurance and Private Pay</p>	<p><b><u>Child, Adolescent &amp; Adult</u></b> ADHD/Time Management Coaching Psychological Testing Coping with divorce Marriage Counseling Depression &amp; Generalized Anxiety Life Coaching Family Therapy Art Therapy LGBTQ Issues Suicide Prevention Therapy Animal</p>
<p>Troy Youth Assistance</p>	<p>4420 Livernois Road Troy, Michigan 48098 troyyouthassistance@troy.k12.mi.us 248.823.5095 <a href="http://www.troyyouthassistance.org/">http://www.troyyouthassistance.org/</a></p>		<p><b><u>Child &amp; Adolescent</u></b></p>

# Psychiatric | Medical Evaluations

Clinician(s)	Location, Contact & Website or E-mail	Payment Method	Specialties
Beaumont Center for Human Development	30503 Greenfield Rd Southfield, MI 48076 248.691.4744 <a href="https://www.beaumont.org/locations/center-for-human-development-southfield">https://www.beaumont.org/locations/center-for-human-development-southfield</a>		Children who are showing evidence of, or who are at risk of, learning or developmental disorders
Belkin, Howard MD  Belkin, Barbara MD	1137 Holland Street Birmingham, MI 48009 248.644.3605 <a href="http://www.birminghamcounselingcenter.com/">http://www.birminghamcounselingcenter.com/</a>	Insurance and Private Practice	<b><u>Child and Adolescent Psychiatry</u></b>
Carney, Kathy PhD	29260 Franklin Rd., Suite 116 Southfield, MI 248.356.1531		
Children's Hospital	313.745.5437		
Fallucca, Erin PhD, MD   Murray Center	29500 Southfield Rd, Southfield, MI 48076 248.765.1795 <a href="http://www.murraycenter.com">http://www.murraycenter.com</a>	Blue Cross	<b><u>Child and Adolescent Psychiatry</u></b> ADHD
Henry Ford Behavioral for Therapy and Psychiatrist	2825 Livernois Troy, MI 48083 248.680.2060 or 248.528.2310		
Lelleszi, Jimmie MD   Affiliated with Beaumont	3901 Beaubien St. Detroit, MI 313.745.4878	Insurance	<b><u>Child and Adolescent Psychiatry</u></b>
London, Jeffery MD	Birmingham Maple Clinic 2075 W. Big Beaver Rd Troy, MI 248.646.6659	Aetna Blue Cross Blue Shield Cigna First Health	<b><u>General and Child/Adolescent Psychiatry</u></b>
Venkataraman, Pretti MD	1750 S. Telegraph Rd. Bloomfield Hills, MI 248.874.2030	Insurance	<b><u>Child and Adolescent Psychiatry</u></b>

## Sexual Assault & Trauma Services

Agency	Contact Information	Payment Method	Specialties
CARE House	44765 Woodward Ave Pontiac, MI 48341 248.332.7173 <a href="https://www.carehouse.org/">https://www.carehouse.org/</a>	Free	<b><u>CARE House of Oakland County is a children's advocacy center, providing first rate services to victims of child abuse and neglect.</u></b>
Haven	Mailing Address: 801 Vanguard Drive Pontiac, MI 4834  <b>24-HR CRISIS &amp; SUPPORT 248.334.1274</b>  <b>TOLL-FREE CRISIS LINE</b> <b>877.922.1274</b>  TTY LINE 248.972.2540 <a href="http://www.haven-oakland.org">www.haven-oakland.org</a>	Free	<b><u>Support Groups</u></b> <b><u>Personal Protection Orders</u></b> <b><u>Forensic Exams</u></b> <b><u>Shelter</u></b> <b><u>Counseling</u></b> <b><u>Court Advocacy</u></b> <b><u>Haven Support Line</u></b> <b><u>24-Hour Emergency Care</u></b>

## Substance & Alcohol Abuse Services

Agency	Contact Information	Payment Method	Specialties
Alanon  Alateen Family Groups	248.706.1020 <a href="http://www.oaklandafg.org">www.oaklandafg.org</a>	Free	Family and Friends of Substance and Alcohol Abusers Support Groups
Alcoholics Anonymous	248.332.3521 <a href="https://www.aa.org/">https://www.aa.org/</a>	Free	Substance and Alcohol Abuse Support Groups
Brighton Hospital	12851 East Grand River Brighton, MI 48116 810.225.2538 1.877.SOBER.1 <a href="https://www.brightonrecovery.org">https://www.brightonrecovery.org</a>	Most Insurances	<b><u>Adolescent and Adult</u></b> Acute Detox Rehab Residential Treatment Day Treatment
Community Mental Health Access <i>also known as</i> Pathways Family Center	23100 Providence Dr., Suite 300 Southfield, MI 48075 248.443.0105 <a href="http://survivingstraightinc.com">http://survivingstraightinc.com</a>	Insurance & Private Pay	<b><u>Adolescent</u></b> Substance Abuse

Dawn Farm	734.485.8725 or 734.669.8265 <a href="http://www.dawnfarm.org">www.dawnfarm.org</a>	Private Pay Limited Reimbursement	<b><u>Young Adult and Adult (17+)</u></b> Residential Substance Abuse Center Outpatient Services Available
Eastwood Clinic	30701 Woodward Ave. Royal Oak, MI 248.288.9333 <a href="https://healthcare.ascension.org">https://healthcare.ascension.org</a>	Insurance	<b><u>Adolescent and Adult</u></b> Outpatient Substance Abuse and Chemical Dependency Therapy
Henry Ford Behavioral	2825 Livernois Troy, MI 48083 248.680.2060 or 248.528.2310 <a href="https://www.henryford.com/locations/troy?">https://www.henryford.com/locations/troy?</a>	Most Insurances	<b><u>Adolescent and Adult</u></b> Intensive Outpatient Treatment
Henry Ford Maplegrove Center	6773 W Maple Rd West Bloomfield, MI 48322 248.661.6100 <a href="https://www.henryford.com/locations/maplegrove">https://www.henryford.com/locations/maplegrove</a>	Insurance	<b><u>Adolescent &amp; Adult</u></b> Inpatient Treatment Group Family Counseling
Detox to Rehab	9075 Big Lake Road Clarkston, MI 48347 866.578.7471 <a href="https://detoxto rehab.com/directory/insight-recovery-center-clarkston/">https://detoxto rehab.com/directory/insight-recovery-center-clarkston/</a>	Accepts most insurances	<b><u>Adult</u></b> Detox Inpatient and Residential Treatment
Narcotics Anonymous	877.338.1188 248.543.7200 Various Locations <a href="http://michigan-na.org/">http://michigan-na.org/</a>	Free	<b><u>Adolescent and Adult</u></b> Substance Abuse Support Groups
PACE (Prior Authorization and Central Evaluation)	1200 N. Telegraph Road, Building 32 East Pontiac, MI 248.858.5200 <a href="http://www.oakgov.com">www.oakgov.com</a>	Medicaid	<b><u>Adolescent and Adult</u></b> Substance Abuse Treatment Services Oakland County Residents Only

## Inpatient & Intensive Therapy Programs

Agency	Contact Information	Payment Method	Specialties
Beaumont Children's Hospital Hough Center for Adolescent Health	Troy Medical Plaza, 1777 Axtell Dr, Troy, MI 48084 248.594.3142 <a href="https://www.beaumont.org/conditions/teen-eating-disorders">https://www.beaumont.org/conditions/teen-eating-disorders</a>	Insurance Scholarships	<b><u>Adolescents</u></b> Eating Disorders
Harbor Oaks Hospital	35031 23 Mile Road New Baltimore, MI 48047 586.725.5777 <a href="https://www.harboroaks.com/">https://www.harboroaks.com/</a>	Most Insurance	<b><u>Child, Adolescent and Adult</u></b> Residential Partial Hospitalization Intensive Outpatient

Havenwyck Hospital	1525 University Drive Auburn Hills, MI 48326 248.373.9200 <a href="https://havenwyckhospital.com/">https://havenwyckhospital.com/</a>	Most Insurance	<b><u>Child, Adolescent and Adult</u></b> Inpatient Psychiatric Treatment
Henry Ford Kingswood Hospital	10300 West Eight Mile Road Ferndale, MI 48220 248.398.3200 <a href="https://www.henryford.com/locations/kingswood">https://www.henryford.com/locations/kingswood</a>	Most Insurances	<b><u>Child, Adolescent and Adult</u></b> Inpatient Psychiatric Treatment Day Treatment
Henry Ford Maplegrove	6773 West Maple Road West Bloomfield, MI 48322 248.661.6100 <a href="https://www.henryford.com/locations/maplegrove">https://www.henryford.com/locations/maplegrove</a>	Most Insurances	<b><u>Adolescent and Adult</u></b> Adult Residential Only Adult and Adolescent Intensive Outpatient
Midcourse Correction Camp	833 E. Grand River Ave. Howell, MI 48843 810.227.0243 <a href="http://www.midcoursecorrection.org">www.midcoursecorrection.org</a>	Private Pay	<b><u>Adolescent</u></b> Incorrigible Adolescents
National Guard Military Camp	<a href="http://www.ngycp.org/state/mi">www.ngycp.org/state/mi</a>	Private Pay	<b><u>Adolescent</u></b> Incorrigible Adolescents Academics, GEDs, Intensive Boot camp
University of Michigan- Michigan Medicine	1540 E Hospital Dr, Ann Arbor, MI 48109 734.764.0231 1.800.525.5188 <a href="https://medicine.umich.edu/dept/psychiatry/patientcare/inpatient-care/childinpatient-psychiatry">https://medicine.umich.edu/dept/psychiatry/patientcare/inpatient-care/childinpatient-psychiatry</a>	Insurance	<b><u>Child, Adolescent &amp; Adult</u></b> Inpatient and Outpatient Services Eating disorders

## Resources for Families in Need

Program	Contact Information	Payment Method	Specialties
Community Housing Network	570 Kirts Blvd. Ste 231 Troy, MI 48084 248.928.0111 Housing Hotline: 248.261.1335 <a href="https://communityhousingnetwork.org/">https://communityhousingnetwork.org/</a>	Free Affordable/Low Income Rentals For Families in Need	Foreclosure Prevention Counseling Help Homeless Families Find Housing
Food Assistance Program	877.522.8050 or 855.275.6424 <a href="https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html">https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html</a>	Free	MI Bridge Program

Fussy Baby	<a href="mailto:elee@ofsfamily.org">elee@ofsfamily.org</a> 248.858.7766 ext. 1209x	Free	<b>0 – 3 Years</b> Home visitation Does your infant or toddler show behavior problems or become easily overstimulated by sounds, sights and activity? Oakland Family Services' Fussy Baby program may be able to help.
Gilda's Club Kim Colley, LLMSW	3517 Rochester Rd. Royal Oak, MI 48073 248.577.0800 ext.12 <a href="http://www.gildasclubdetroit.org">www.gildasclubdetroit.org</a>	Free	<b><u>Support for Families Coping with Cancer</u></b> Support Groups Educational workshops and lectures Bereavement
Home Visiting Initiative	844.456.5437 <a href="https://www.michigan.gov/homevisiting/">https://www.michigan.gov/homevisiting/</a>	Free	<b><u>Prenatal - 3 Years</u></b> Home visitation
Lighthouse Emergency Services	46156 Woodward Pontiac, MI 48342 248.920.6000 or 248.920.6100 <a href="https://lighthousemi.org/">https://lighthousemi.org/</a>	Free	<b><u>Crisis Resolution- Short Term</u></b> Housing, Food Assistance, Long-Term Planning, Family Stabilization Lighthouse PATH- 2-year Transitional Housing and Empowerment program for Homeless Women and their Children
Love, Inc.	312 South Broadway St. Lake Orion, MI 48362 248.693.4357 <a href="http://www.lakeorion.loveincfnoc.org">www.lakeorion.loveincfnoc.org</a>	Free	Emergency Food, Shelter, Bill Paying, Money, Car Repair
Nurturing Parent Program	Nurse on call: 800.848.5533		<b><u>0 – 18 Months</u></b> Home visitation
Oakland County Community and Home Improvement Division	250 Elizabeth Lake Road Suite 1900 Pontiac, MI 48341 Department Phone Number: 888.350.0900 ext. 80493 Advisor: 248.858.0493	Free	Home Improvement Loan Qualification Services to Assist in Home Improvement Process Counseling for Homeowner Issues

Oakland County Family Services	114 Orchard Lake Rd., Pontiac, MI 48341 248.858.7766 <a href="https://www.oaklandfamilyservices.org/">https://www.oaklandfamilyservices.org/</a>	Mental Health Services: Most insurances Specialized Services for youth: Medicaid and Medicare Recipients, No Insurance, Underinsured	Parenting Resources Counseling Specialized Services for youth  Oakland County Residents Only
Oakland County Michigan Works! Troy	550 Stephenson Hwy #400 Troy, MI 48083 (248) 823-5101 <a href="https://www.troymichiganworks.com/index.php">https://www.troymichiganworks.com/index.php</a>	Free	Employment and career management resources
Oakland Livingston Human Service Agency	196 Cesar E. Chavez Pontiac, MI 48343 248.209.2600 or 248.542.5860 <a href="http://www.olhsa.org">www.olhsa.org</a>	Free	Assistance with Utilities Food Weatherization (help with home repairs, windows, roof, etc.) At Risk for Home Eviction
Oakland Schools Homeless Student Education Program	2111 Pontiac Lake Rd. Waterford, MI 48328 888.795.5437 or 248.209.2414 <a href="https://oakland.k12.mi.us/families-community/youthfamily/homelessness/Pages/Homeless%20Student%20Education%20Program.aspx">https://oakland.k12.mi.us/families-community/youthfamily/homelessness/Pages/Homeless%20Student%20Education%20Program.aspx</a>	Free	Clothing, Supplies, Free and Reduced School Lunches
Salvation Army	469 Martin Luther King Jr. Blvd. Pontiac, MI 248.334.2407	Free	Emergency Food and Clothing Shelters



Sandcastles	1 Ford Place, Suite 4A Detroit, MI 48202 313.874.6881 Locations: Rochester, Detroit, Southfield, Livonia, West Bloomfield & Clinton Township <a href="https://aboutsandcastles.org/about/">https://aboutsandcastles.org/about/</a>	Free	Bereavement Groups Supportive Services and Resources for Families, Teens and Children Grieving
United Way	United Way for Southeastern Michigan 660 Woodward Avenue, Ste. 300 Detroit, MI 48226 1.800.552.1183 <a href="https://unitedwaysem.org/2-1-1/">https://unitedwaysem.org/2-1-1/</a>	Free	Referral services connects people with services/resources related to food, shelter, medical assistance, parenting classes and utility payment

## Medical Assistance for Families in Need

Program or Need	Contact Information	Payment Method	Specialties
Donated Dental Services	3657 Okemos Rd. Okemos, MI 48846 866.263.4067 or 517.347.6994	Free   Medicaid	Dental Care to Approved Applicants who are Disabled, Elderly, or Medically Compromised
HIV/AIDS	248.858.5416 888.350.0900	Free	Training and Testing
Immunizations	248.858.1305 Pontiac/North Oakland Area	Free	Flu Shots and Immunizations
McLaren Children's Clinic	673 Martin Luther King Jr. Blvd. Pontiac, MI 248.334.0024 <a href="http://www.mclaren.org/oakland/pediatric-services.aspx">http://www.mclaren.org/oakland/pediatric-services.aspx</a>	Free and Sliding Scale	\$5 Sports Physicals Free health Care to Uninsured (Including well exams, immunizations, and acute and chronic illnesses)
MiChild/Healthy Kids	517.373.3740 <a href="http://www.michigan.gov/mdch">www.michigan.gov/mdch</a>	Low Cost or Free	Adolescent (19 and under and pregnancy women of any age) Low-Cost Health Coverage Program
Oakland Community College	Dental Hygiene Clinic (Highland Lakes Campus) 248.942.3260	Sliding Scale	Cleanings and X-Rays Appointments take a minimum of 3 hours
Oakland County Dental Services	248.858.1306	Free	General Dentistry Services for Low Income Oakland County Residents w/ No Dental Insurance

Oakland County Health Division	1200 N Telegraph, Bldg. 34 East Pontiac, MI 48341 248.858.1280 Nurse on Call: 1.800.848.5533 <a href="https://www.oakgov.com/health">https://www.oakgov.com/health</a>	Free/Sliding Scale/Private Pay	Oakland County Residences Immunizations(Sliding Scale) HIV/AIDs (Free) Nutrition Services Hearing/Vision Screenings Dental Services
Partnership for Prescription Assistance	Various Locations <a href="https://www.pparx.org/">https://www.pparx.org/</a>	Free/Low Cost	Prescription Help and Free Clinic locator.
Prescription Assistance	Meijer Stores, Kroger, Sam's Club & Walmart	Free or Sliding Scale	Free Antibiotics (Meijer Only) \$4.00 Prescriptions
St. Joseph Outpatient Clinic	248.858.3069	Sliding Scale	Medical Clinic
United Way	248.456.8800 <a href="http://www.liveunitedsem.org/211">www.liveunitedsem.org/211</a>	Free	Medical Assistance