

Individual Counseling Referral Resources

Therapist	Location	Pay Method	Specialties
Adams Sznewajs, Marcy Thriveworks	1025 E. Maple Rd. Suite B-4 Birmingham, MI 48009 248.686.3347 www.thriveworks.com	Insurance And Private Pay	<u>Child, Adolescent & Adult</u> ADHD/Time Management Coaching Psychological Testing Marriage Counseling Depression & Generalized Anxiety Life Coaching Family Therapy Art Therapy
Alden, Anne LLP Love & Logic Parent Curriculum	206 Dourdant Bloomfield Hills, MI 914.372.1541 aalden123@hotmail.com	\$75 private pay for parent coaching Free Clinics @ Common Ground	Private Parenting Coach <i>and/or</i> Common Ground Love & Logic Classes
Ayers, Leslie et. al. MA, LLP Perspectives Counseling Center	888 W. Big Beaver, Ste. 1450 Troy, MI 48084 248.2448644 www.perspectivesoftroy.com	Insurance Private Pay w/ Sliding Scale if Needed	<u>Child, Adolescent & Adult</u> Comprehensive Assessments, Diagnostics, and Screening Individual, Group, Child/Play Therapy Wide Range of Individual Therapists Servicing Multiple Therapeutic Approaches
Bogle, Deborah MA, LLP Helping Hearts Heal	543 Vanderpool Dr. Troy, MI 248.244.2060 www.healpingheartsh Heal.com	Private Pay	<u>Child, Adolescent & Adult</u> EMDR Specialist, Trauma Eating Disorders Chronically and Severely Mentally Ill Meditation, Visualization, Holistic (Hospital experience)
Canine, John D. PhD Maximum Living Consultants, Inc.	936 S. Baldwin Rd., Suite 102 Clarkston, MI 48348 248.814.0706 info@maximumlivingconsult.com		<u>Child, Adolescent & Adult</u> Bereavement After Care
Dena Elghoroury, LPC	2502 S. Rochester Rd. Rochester Hills, MI 48307 248.495.6939 dena.elghoroury@gmail.com	Private Pay	<u>Child & Adolescent</u> Has a background in working with peoples of Arab-American ethnicity

Elliot, Jennifer MA	300 East Maple Suite 318 Birmingham, MI 48009 248.439.1415	Private Pay w/ Sliding Scale	<u>Children and Adolescent</u> General Anxiety Depression Grief Divorce
Falk, Jonathan PhD	999 Haynes St. Ste. 200 Birmingham, MI 248.547.6982 jfk999@gmail.com	Blue Cross w/ Sliding Scale	
Fleming, Chandler LMSW Clarkston Lighthouse	7183 North Main Street, Box 12 Clarkston, Michigan 48346 248.636.1658	Private Pay w/ Sliding Scale	<u>Adolescent</u> Anger Management Relationship Issues Depression
Forche, Jennifer PhD	2477 Kingsbury Dr. Troy, MI 48098 248.643.7227	Insurance (No HAP) Private Pay	<u>Adolescent and Adult</u> Eclectic/Patient Centered Works with Teachers LGBT/Transgender
Gilchrist-Jordan, Janet PhD	628 Parent Ave. Suite 101 Royal Oak 248.563.2290	BCBS	Depression Anxiety
Goell-Varkovitzky, Elana PhD	26111 West Fourteen Mile Rd. Franklin, MI 48025 248.737.4855	Insurance	<u>Child, Adolescent & Adult</u> EMDR Specialist Addiction Trauma Bullying Divorce Generalized Anxiety
Gottlieb, Susie PhD Pietrofesa, John PhD Pietrofesa, Kathy PhD Sucher, Linda PhD Affiliated Psychologists of Michigan, PC	74 West Long Lake, Suite 104 Bloomfield Hills, MI 48304 248.642.6066	Insurance and Private Pay	<u>Child, Adolescent & Adult</u> Varying General Psychotherapy
Green, Leslie PhD	755 W. Big Beaver, Ste. 414 Troy, MI 248.593.0678	Private Pay	<u>Adolescent and Adult</u> Aspergers/ASD ADHD General Counseling Services

Hough, Tami J., MA, LPC, CRC Hough Counseling & Assessments, PLLC	675 E. Big Beaver Suite 101 Troy, MI 48083 248.528.0157	Insurance Private Pay w/ Sliding Scale	<u>Child, Adolescent & Adult</u> Assessments (Special Education, Academic, Career, etc.) Group Counseling Play Therapy Multiple Therapists w/ Varying Specials
Jones, James D. PhD	2565 S. Rochester Ed., Suite 108-B Rochester Hills, Mi 48307 248.852.7907	Most Insurances	<u>Adolescent and Adult</u> Self-Esteem Academic & Social Anxiety Hopelessness/Suicidal Ideation Identity & Gender Issues Self Inflicted Violence
Kendal, Natasha PhD, L.M.F.T. Dr. Super Nanny	10 West Square Lake Rd. Suite 103 Bloomfield Hills, MI 48302 248.716.5392	Private Pay	Parent Coaching Specialist Home Based Therapy Family Therapy
Krawiec, Carrie Birmingham Maple Clinic	2075 W. Big Beaver Suite 520 Troy, MI 248.646.6659	Insurance and Private Pay	<u>Adolescent</u> General Mental Health Therapy
Lazzara, K.C. PhD Horsepower Psychological Services	100 W, Big Beaver, Ste 200 Troy, MI 48084 248.701.8250	Some Insurance and Private Pay	<u>Child, Adolescent & Adult</u> Oppositional Defiant Disorder Assessments and Diagnostics Eating Disorders Gender Issues Great with Adolescent Boy
Lipson, Judith E. MA, LPC Spiral Wisdom LLC	2265 1 Livernois, Suite 70 Troy, MI 48083 248.568.8665 judylipson@spiralwisdom.net	Private Pay	<u>Adolescent and Adult</u> ADHD Anxiety Empowerment Asbergers/ ASD Special Education/Former EI Teacher
Perry, Felisa M. MA, LLPC New Day Counseling	1653 W. Big Beaver Troy, MI 248.649.8050 / 248.835.9894	Private Pay	<u>Adolescent and Adult</u> Multiple Therapists Practicing Ranging Therapeutic Approaches for (but not limited to): ADHD BiPolar Disorder Generalized Depression and Anxiety
Pillow, Dan PhD Retired School Psych.	200 Diversion, Ste. 150 Rochester Hills, MI 248.299.4315	All Insurances	<u>Adolescent</u> Special Education Evaluations Generalized Depression and Anxiety ADHD

Pingitore, Tammy MSW, CSW	380 North Old Woodward Ave. Birmingham, MI 48009 248.594.8230	Insurance And Private Pay	<u>Adolescent and Adult</u> General Depression and Anxiety Self-Injury Emerging Eating Disorders
Restum, Melhim PhD, ADDAPT Psychology Associates	38800 Van Dyke Ave. #200 Sterling Hts., MI 48312 www.addaptmichigan.com 586.254.5454	Most Insurances	<u>Child, Adolescent & Family</u> ADHD Bi-Polar Asbergers/ASD <i>Workshops and Groups Available</i>
Rozema, Dennis MA	600 N. Old Woodward Ave. Suite 304 Birmingham, MI 48009 248.561.5054 drozema@woway.com	Some Insurances And Private Pay	<u>Adolescent (works well with boys)</u> Depression and Generalized Anxiety Substance Abuse Conduct Disorder Behavior Modification, School Related Issues
Russell, Tobi LLP, LPC Rochester Hills Counseling, LLC	945 S. Rochester Road Suite 101 Rochester Hills, MI 48307 248.434.8227 RHCounseling@att.net		<u>Child and Adolescent</u> Individual, Couple and Group Therapy Psychological Testing Career Assessment Depression and Generalized Anxiety Adjustment Disorders Substance Abuse Specified Phobias
Stratman, Carol PhD	905 S. Center Royal Oak, MI 48067 248.398.2531	Insurance, And Private Pay	<u>Children, Adolescent & Adult</u> Long-Term Therapy Generalized Anxiety and Depression Divorce
Weeks Moye, Ann PhD Dennis, Moye & Associates, PC	1750 South Telegraph Rd. Suite, 101 Bloomfield Hills, MI 248.451.9085	Insurance/ Some Sliding Scale	<u>Child and Adolescent</u> Mood and Eating Disorders Adjustment/Self-Esteem Depression and Generalized Anxiety

Psychiatric/Medical Evaluations

Belkin, Howard R. MD Belkin, Barbara MD Psychopharmacology and Psychotherapy	1137 Holland Street Birmingham, MI 48009 248.644.3605
Dr. Kathy Carney	29260 Franklin Rd., Suite 116 Southfield, MI 248.356.1531
Dr. Jimmie Lelleszi	3901 Beaubien St. Detroit, MI 313.745.4878
Dr. Jeffery London	2075 W. Big Beaver Rd Troy, MI 248.646.6659
Dr. Pretti Venkataramanan	1750 S. Telegraph Rd. Bloomfield Hills, MI 248.874.2030

24 Hour Crisis

	Contact Information	Payment Type	Specialization
Common Ground Mental Health Emergency and Crisis Hotline	800.231.1127	Free	Hotline Only
Child Abuse and Neglect Protective Services	855.444.3911/855.422.4453	Free	Child Abuse and Neglect Reporting
Easter Seals	2399 E. Walton Blvd. Auburn Hills, MI 48328 248.422.4453 www.essmichigan.org	Most Insurance	Crisis Intervention Family Centered Planning Parent Education Respite Care, Psychological and Neuropsychological Testing Psychiatric Evaluation

Sexual Assault and Trauma Services

	Contact Information	Payment Type	Specialization
Adolescent Survivors of Childhood Sexual Abuse			
Adult Sexual Assault			Haven Support Line
Adult Survivors of Childhood Sexual Abuse	248.334.1274 877.922.1274 www.haven-oakland.org	Free	24-hour Emergency Care Sexual Assault Support Groups
Domestic Violence/Rape			

Substance and Alcohol Abuse Referrals

Program	Contact Information	Payment Type	Specialization
Alanon/Alateen Family Groups	248-706-1020 www.oaklandafg.org	Free	Family and Friends of Substance and Alcohol Abusers Support Groups
Alcoholics Anonymous	248.332.3521	Free	Substance and Alcohol Abuse Support Groups
Brighton Hospital	12851 East Grand River Brighton, MI 48116 810.225.2538 1.877.SOBER.1	Most Insurance	<u>Adolescent and Adult</u> Acute Detox Rehab Residential Treatment Day Treatment
Community Mental Health Access <i>also known as Pathways Family Center</i>	23100 Providence Dr., Suite 300 Southfield, MI 48075 248.443.0105	Insurance And Private Pay	Adolescent Substance Abuse
Dawn Farm	www.dawnfarm.org 734.485.8725 or 734.669.8265		<u>Young Adult and Adult (17+)</u> Residential Substance Abuse Center Outpatient Services Available
Eastwood Clinic	30701 Woodward Ave. Royal Oak, MI 248.288.9333		<u>Adolescent and Adult</u> Outpatient Substance Abuse and Chemical Dependency Therapy
Henry Ford Behavioral	2825 Livernois Troy, MI 48083 248.680.2060/248.528.2310	Most Insurance	<u>Adolescent and Adult</u> Intensive Outpatient Treatment
Insight Recovery	9075 Big Lake Road Clarkston, MI 48347 800.441.5092	Accepts most insurances	<u>Adult</u> Detox Inpatient and Residential Treatment
Narcotics Anonymous	877.338.1188 248.543.7200		<u>Adolescent and Adult</u> Substance Abuse Support Groups
PACE (Prior Authorization and Central Evaluation)	1200 N. Telegraph Road, Building 32 East Pontiac, MI	Medicaid	<u>Adolescent and Adult</u> Substance Abuse Treatment Services Oakland County Residents Only

	248.858.5200 www.oakgov.com		
Recovery Consultants, Inc.	2710 West 12 Mile Rd. Berkley, MI 48072 248.543.1090	Sliding Scale	<u>Adolescent and Adult</u> Groups and Outpatient Substance Abuse Services (Urinalysis Available)

Inpatient and/or Intensive Therapy Programs

Program	Contact Information	Payment Type	Specialization
Harbor Oaks Hospital	35031 23 Mile Road New Baltimore, MI 48047 586.725.5777	Most Insurance	<u><i>Child, Adolescent and Adult</i></u> Residential Partial Hospitalization Intensive Outpatient
Havenwyck Hospital	1525 University Drive Auburn Hills, MI 48326 248.373.9200	Most Insurance	<u><i>Child, Adolescent and Adult</i></u> Inpatient Psychiatric Treatment
Henry Ford Kingswood Hospital	10300 West Eight Mile Road Ferndale, MI 48220 248.398.3200	Most Insurances	<u><i>Child, Adolescent and Adult</i></u> Inpatient Psychiatric Treatment Day Treatment
Henry Ford Maplegrove	6773 West Maple Road West Bloomfield, MI 48322 248.661.6100	Most Insurances	<u><i>Adolescent and Adult</i></u> Adult Residential Only Adult and Adolescent Intensive Outpatient
Midcourse Correction Camp	833 E. Grand River Ave. Howell, MI 48843 810.227.0243 www.midcoursecorrection.org		<u><i>Adolescent</i></u> Incorrigible Adolescents
National Guard Military Camp	www.ngycp.org/state/mi		<u><i>Adolescent</i></u> Incorrigible Adolescents

Resources for Families in Need

Program	Contact Information	Payment Type	Specialization
Community Housing Network	248.928.0111	Free	Foreclosure Prevention Counseling Help Homeless Families Find Housing
Food Assistance Program	877.522.8050/855.275.6424	Free	
Gilda's Club Kim Colley, LLMSW	3517 Rochester Rd. Royal Oak, MI 48073 248.577.0800 ext.12 www.gildasclubdetroit.org	Free	Support for families coping with cancer.
Lighthouse Emergency Services	46156 Woodward Pontiac, MI 48342 248.920.6100 or 248.920.6000 www.lighthouseoakland.org	Free	Emergency Food, Housing, Utility Assistance, Baby Needs
Love, Inc.	248.693.4357 312 South Broadway St. Lake Orion, MI 48362 www.lakeorion.loveincfnoc.org	Free	Emergency Food, Shelter, Bill Paying, Money, Car Repair
Oakland County Community and Home Improvement Division	248.858.5402/248.858.1848	Free	Home Improvement Loan Qualification Services to Assist in Home Improvement Process Counseling for Homeowner Issues
Oakland Livingston Human Service Agency	196 Cesar E. Chavez Pontiac, MI 48343 248.209.2600 or 248-542-5860 www.olhsa.org	Free	Assistance with Utilities Food Weatherization (help with home repairs, windows, roof, etc.) At Risk for Home Eviction

Oakland Schools Homeless Student Education Program	2111 Pontiac Lake Rd. Waterford, MI 48328 888.795.5437/248.209.2414	Free	Clothing, Supplies, Free and Reduced School Lunches
Salvation Army	469 Martin Luther King Jr. Blvd. Pontiac, MI 248.334.2407	Free	Emergency Food and Clothing

Medical Assistance for Families in Need

Program	Contact Information	Payment Type	Specialization
Donated Dental Services	3657 Okemos Rd. Okemos, MI 48846 866.263.4067/517.347.6994	Free	Dental Care to Approved Applicants who are Disabled, Elderly, or Medically Compromised
HIV/AIDS	248.858.5416 888.350.0900	Free	Training and Testing
Immunizations	248.858.1305 Pontiac/North Oakland Area	Free	Flu Shots and Immunizations
McLaren Children's Clinic	673 Martin Luther King Jr. Blvd. Pontiac, MI 248.334.0024	Free and Sliding Scale	\$5 Sports Physicals Free health Care to Uninsured (Including well exams, immunizations, and acute and chronic illnesses)
MIChild/Healthy Kids	517.373.3740 www.michigan.gov/mdch	Low Cost or Free	<u><i>Adolescent (19 and under) and pregnancy women of any age)</i></u> Low-Cost Health Coverage Program
Oakland Community College	Dental Hygiene Clinic (Highland Lakes Campus) 248.942.3260	Sliding Scale	Cleanings and X-Rays
Oakland County Dental Services	248.858.1306	Free	General Dentistry Services for Low Income Oakland County Residents W/No Dental Insurance
Prescription Assistance	Meijer Stores Kroger Sams Walmart	Free Or Sliding Scale	Free Antibiotics (Meijer Only) \$4.00 Prescriptions

St. Joseph Outpatient Clinic	248.858.3069	Sliding Scale	Medical Clinic
United Way	248.456.8800 www.liveunitedsem.org/211	Free	Medical Assistance